



# CardioMender, MD™

## WEIGHT LOSS SPECIALISTS

Barry Schiff, M.D. Medical Director

I am Barry Schiff, MD, the Medical Director of CardioMender, MD Weight Loss Specialists (formerly University Wellness and Weight Loss Centers). I am a Cardiologist and have been practicing in Broward County since 1985. Over the years, our team has helped over 2000 clients with their weight reduction goals *and* taught them how to keep the weight off! We provide safe but very aggressive medically supervised weight loss.

We are NOT just a quick weight loss program but a Wellness Transformation process. We pride ourselves in that our real work begins once you achieve your desired weight. Our long term success is achieved by ***identifying and addressing the root cause*** directly responsible for you becoming and remaining overweight. Most 'diets' address the *symptom* of being overweight as opposed identifying to the *true cause*; that's why ***diets don't work*** - medical studies have proven that.

Our program begins with a 'low glycemic' nutritional plan which progresses as we teach you how to balance your food choices so that ***you truly enjoy what you eat and are satisfied*** by your choices, and this effectively becomes your New Lifestyle. We are successful because we employ a stepwise approach which includes: nutritional counseling, vitamins and nutritional supplements as well as FDA approved appetite suppressants when appropriate. We also provide individual patient support *based on your needs*. Our practice is limited to wellness and weight loss. Our long term maintenance program ensures that you achieve sustained weight loss and ***never gain it back***.

**The Initial Consultation** is \$280.00 and includes:

- Physician Medical Consultation with me
- EKG *and* Blood work which includes Comprehensive Metabolic Screen, CBC, Thyroid Profile, Lipid Profile
- Customized Nutritional Consultation with one of our Nutritional Specialists
- Weight and Body Fat determination
- One month's supply of a Fat Burner
- One month's supply of Therapeutic Vitamins
- Vitamin B-12/Nutrimax Injection (optional but included)
- One week's supply of an Appetite Suppressant (if desired & medically appropriate)

**The Weekly Follow-up Visits** are \$75.00 per week and include:

- Individual visit with one of our Nutritional Specialists
- Visit with physician as advised *or* upon request
- Individual nutritional evaluation, adjustments and counseling
- Weigh in and body fat determination
- Vitamin B-12/Nutrimax Injection (optional but included)
- One week's supply of Appetite Suppressant (if desired & medically appropriate)

**New Lifestyle Visits** are \$75.00 per month and begin once you achieve your goal weight. These visits include:

- Unlimited weigh-ins & body fat determinations
- **Weekly** B-12/Nutrimax injections
- Monthly meeting with Nutritional Specialist- nutritional adjustments are made based your results
- Consultation with physician as advised *or* upon request

At all stages, I supervise each visit, and you are able to meet with me individually upon request or when I feel it is medically appropriate.

Thank you for your trust in CardioMender, MD Weight Loss Specialists!

Barry H. Schiff, MD, FACC  
Medical Director



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### Patient Information (Please Print)

FIRST NAME		LAST NAME			
DATE OF BIRTH	AGE	GENDER		SOCIAL SECURITY NUMBER	
		<input type="checkbox"/> Male	<input type="checkbox"/> Female		
STREET ADDRESS		CITY	STATE	ZIP CODE	
PRIMARY LANGUAGE			SECONDARY LANGUAGE		
RACE			ETHNICITY		
MARITAL STATUS			EMPLOYMENT STATUS		
EMPLOYER			OCCUPATION		
WORK PHONE			HOME PHONE		
Can we leave a message at this number? O Yes O No			Can we leave a message at this number? O Yes O No		
CELL PHONE			EMAIL ADDRESS		
Can we leave a message at this number? O Yes O No					
CONTACT PREFERENCE			PRIMARY CARE PHYSICIAN		
o Home Phone		o Cell Phone			
o Work Phone		o email			
EMERGENCY CONTACT			PHONE NUMBER		
<p>Supporting you in your wellness and weight loss transformation and new lifestyle is very important to us. Therefore, from time to time, we may wish to send you information or special offers that we may feel may be of interest to you regarding CardioMender, MD Weight Loss Specialists. We may also contact you in relation to consumer research, marketing and customer surveys. If you would rather not receive additional information and/or offers, please do not check the box below.</p> <p><b>PRIVACY:</b> Your information will be kept strictly confidential and will not be provided to any third parties.</p> <p><input type="checkbox"/> <b>Yes, I would like to receive such information and offers by email</b></p>					
How did you learn about the program?					
O Patient Referral		O My Physician (Please identify):			
O Printed Ad (Please identify):		O Passing by our office			
O Internet		O Other (Please describe):			



